

Skillment



Environmental Studies

WORKBOOK



PMP Planet®
Multimedia Publishers
The Ultimate Resource

PM PUBLISHERS PVT. LTD.

Skillment Environmental Studies Workbook – FS 1 (Nursery)

PMP Editorial Team

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Preface

With a vision of making quality education accessible to all from the Foundational Stage to Secondary Stage of schooling, the **National Education Policy (NEP) 2020** has issued a new pedagogical and academic structure. The new pedagogical and academic structure has been divided into four stages as mentioned below:

Foundational Stage (5 years): Nursery, LKG, UKG, Std. 1 and Std. 2	(3-8 years)
Preparatory Stage (3 years): Std. 3, Std. 4 and Std. 5	(8-11 years)
Middle Stage (3 years): Std. 6, Std. 7 and Std. 8	(11-14 years)
Secondary Stage (4 years): Std. 9, Std. 10, Std. 11 and Std. 12	(14-18 years)

In the new 5+3+3+4 structure, a strong base of **Early Childhood Care and Education (ECCE)** from age 3 is also included.

The overall aim of Early Childhood Care and Education (ECCE) is to attain optimal outcomes in the following domains:

- ✓ Physical and motor development
- ✓ Cognitive development
- ✓ Social-emotional-ethical development
- ✓ Cultural/Artistic development
- ✓ Development of communication and early language, literacy, and numeracy

Our new series, **Skillment**, is properly graded and contains age-appropriate course material for the learners of Foundational Stage to achieve the aims and objectives outlined in the **National Curriculum Framework (NCF) for**

Foundational Stage 2022. The series covers different subjects which are classified under the following categories:

FS 1 (3+ years): Maths, English, EVS, Hindi, Art and Craft, Kavitayen aur Kahaniyan, Rhymes and Stories

FS 2 (4+ years): Maths, English, EVS, Hindi, Art and Craft, Kavitayen aur Kahaniyan, Rhymes and Stories

FS 3 (5+ years): Maths, English, EVS, Hindi, Art and Craft, Kavitayen aur Kahaniyan, Rhymes and Stories

FS 4 (6+ years): Maths, English, EVS, Hindi, English Grammar, Art and Craft, Computer and GK

FS 5 (7+ years): Maths, English, EVS, Hindi, English Grammar, Art and Craft, Computer and GK

Apart from the main books, we are also providing **Workbooks** with Maths, English, EVS and Hindi to learners for extra practice.

The whole set of books for each class also carries a **Teacher's Resource Kit** which contains various kinds of relevant and interesting teaching aid that teachers may use in the classroom.

A **booklet on Social and Emotional Learning (SEL)** including lesson plans is provided for the teachers to inculcate SEL skills in the learners.

Skillment App is for skill building and joyful teaching and learning for teachers and learners.

Web Support

Our web portal pmponline.co.in provides a vital web support to teachers and learners. It includes the following:

- ◆ **Multimedia ebooks:** consist of animation, audio, video, and interactive exercises
- ◆ **Additional worksheets:** printable worksheets for extra practice
- ◆ **Teacher's resource:** comprises lesson plans
- ◆ **Virtual lessons:** consist of pre-recorded video lessons
- ◆ **AR (Augmented Reality) App both for android and iOS:** turns books into smart books with better visualisation and concept clarity

It is a concerted attempt to make the series more useful for the teachers, parents and kids. We hope this series will be quite helpful in achieving the goals set by the NEP 2020. However, we shall appreciate valuable and constructive feedback from teachers and parents to improve the books with every new edition.

—Publishers



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Sr. No.	Chapters	Page No.
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1. Myself



Print your right palm below.



Tick (✓) the correct statement.



I am a boy.



I am a girl.



Which activities do you like to do? Tick (✓) in the boxes.



2. My Body

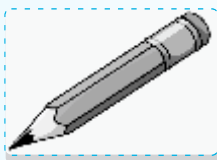


Write how many each of the following you have.



Tick (✓) the correct body part.

I hold a



with my



I kick a



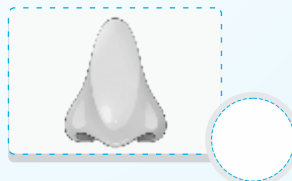
with my



I smell a



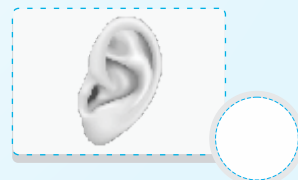
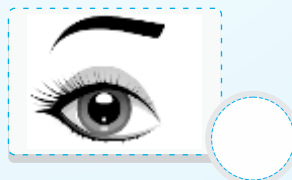
with my



I listen to

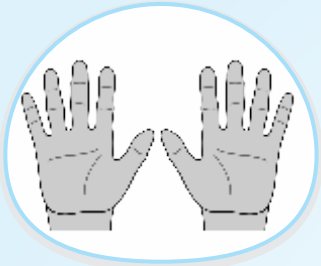


with my





Look at the body parts and write how many they are.



Fingers



Eyes



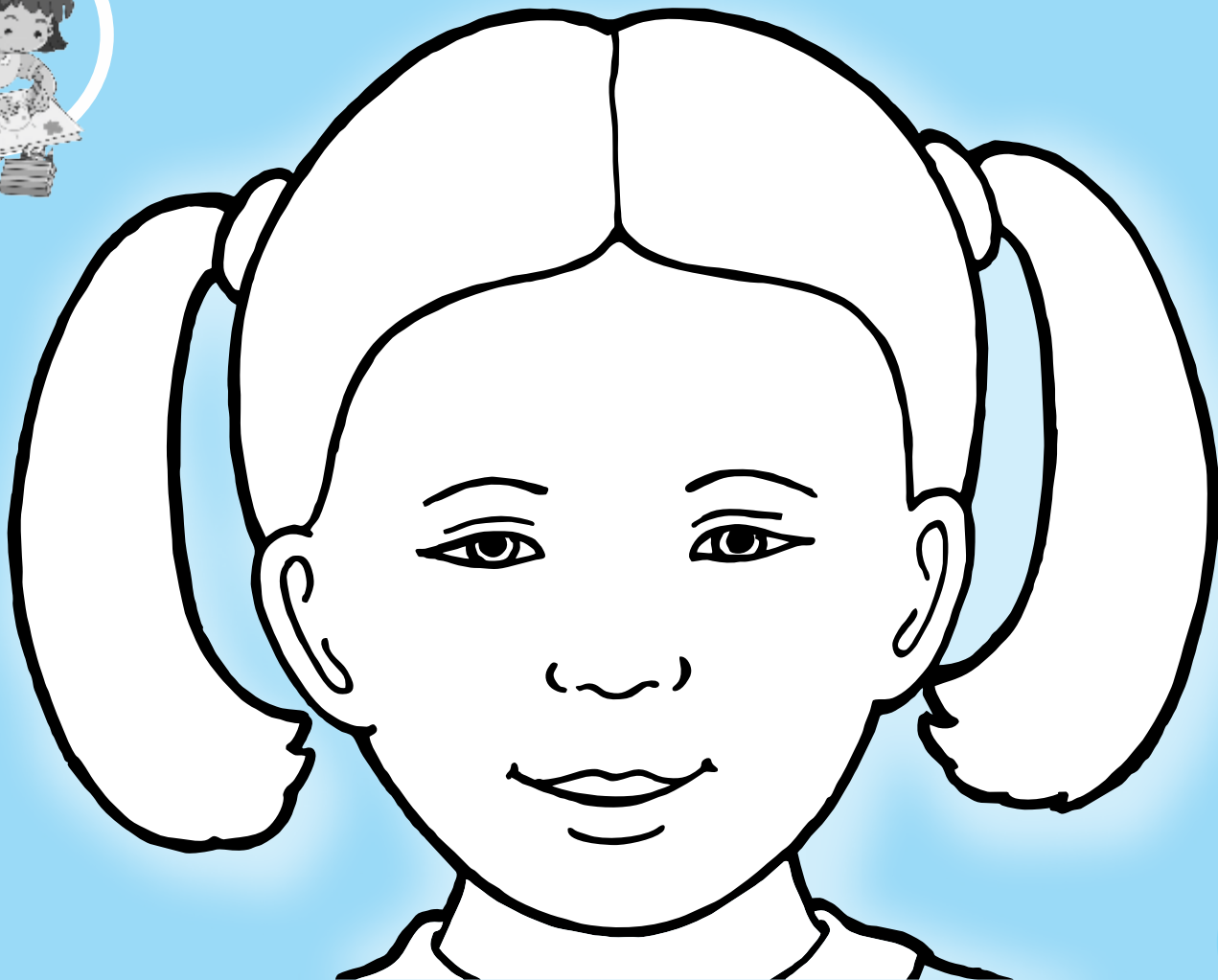
Nose



Feet



Fill colours in the given face.



3. Chi-Chi Bird



Look at the two pictures.



Do you find any similarity between the above pictures? Yes No



You have a family. Your parents fulfil all your needs. Tick (✓) the correct options.

- Who earns money for the family?

Your Mother

Your Father

Both

- Who cooks food for the family at home?

Your Mother

Your Father

Both

Someone else

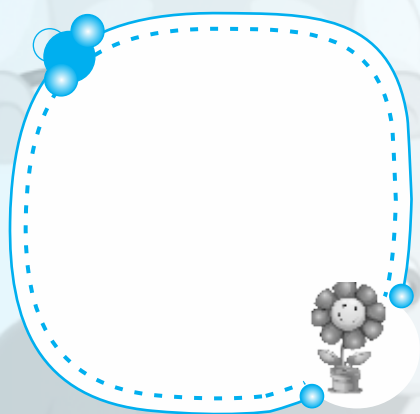




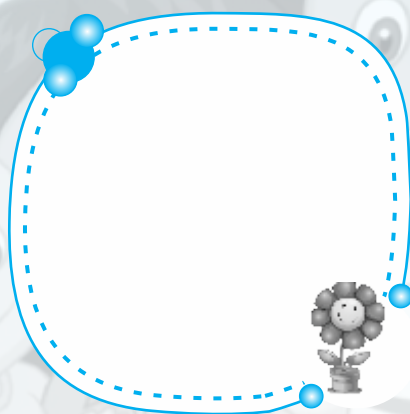
4. My Family



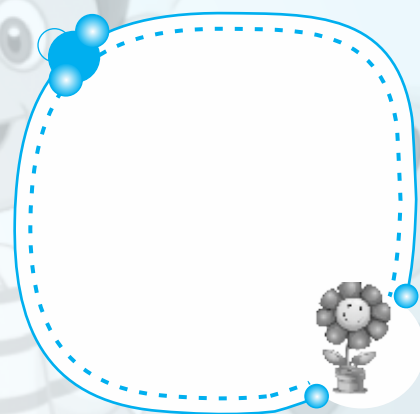
Do you have pictures of your family members? Paste their pictures in the given space.



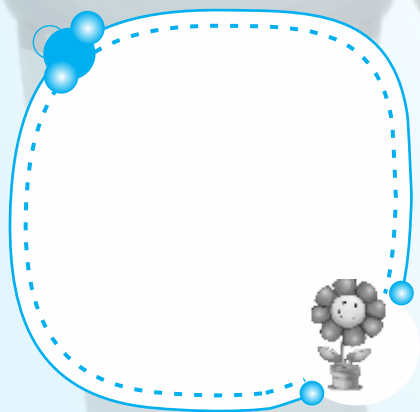
My Grandfather



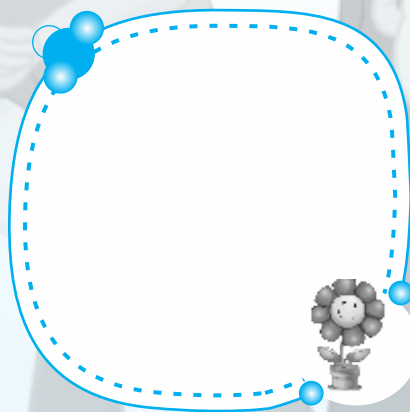
My Grandmother



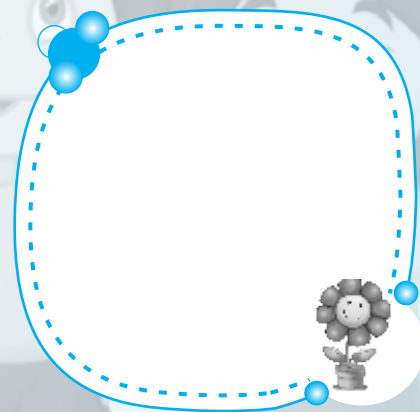
My Mother



My Father



My Brother/Sister



My Pet



5. My Safety



Tick (✓) the objects that you would like to play with.



Ball



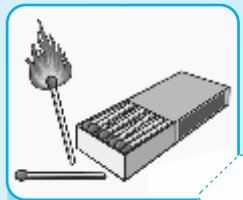
Doll



Pin



Toy car



Matchsticks



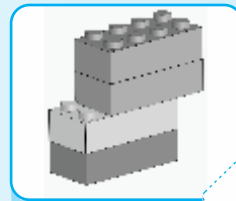
Scissors



Soft toy



Balloons



Lego blocks



Count and write the number of objects you have chosen.



Some of the chosen objects may not be safe to play with. Think and write the names of such objects below.



.....

.....

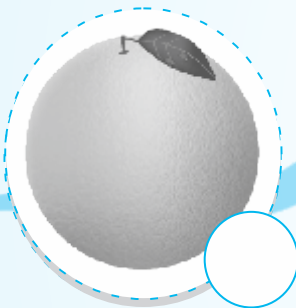




6. Fruits



Tick (✓) the fruits you like to eat.



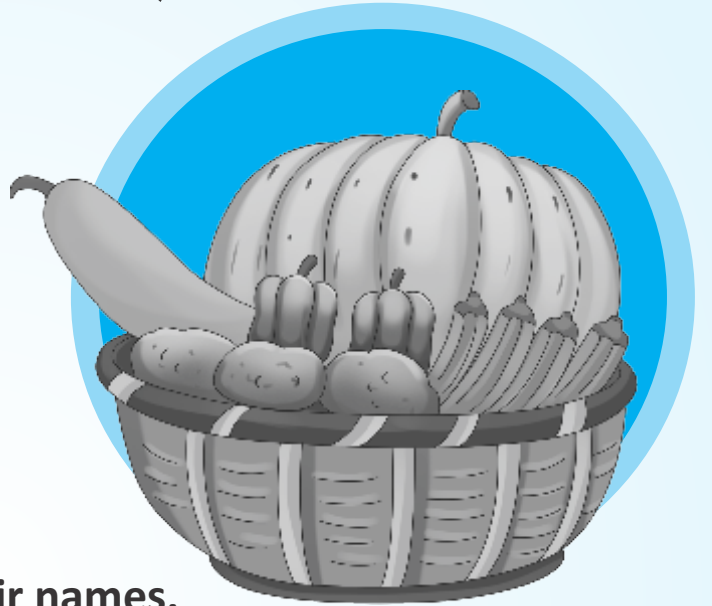
Colour the mango using your crayons.



7. Vegetables



How many types of vegetables do you see in the basket?



Match the vegetables with their names.



PUMPKIN



CAPSICUM



CAULIFLOWER



LADY'S FINGER



8. On the Beach



Tick (✓) the activity which is good.



Tick (✓) Yes or No.



• Do you like animals?

Yes No

• Do you have a pet at home?

Yes No

• Do you help animals when they are in need? Yes No



9. Animals



Match the heads of animals with their bodies.



Pick words from the Help Box and fill in the blanks.



I give



I give



I give

Help Box

• wool • milk • eggs





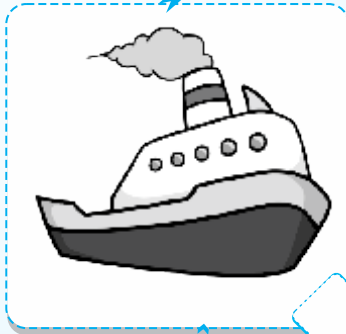
10. Travel



Tick (✓) the vehicle you use to go to school.

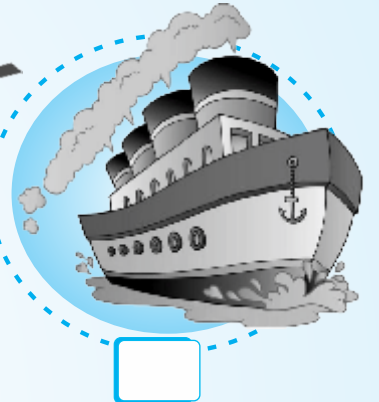
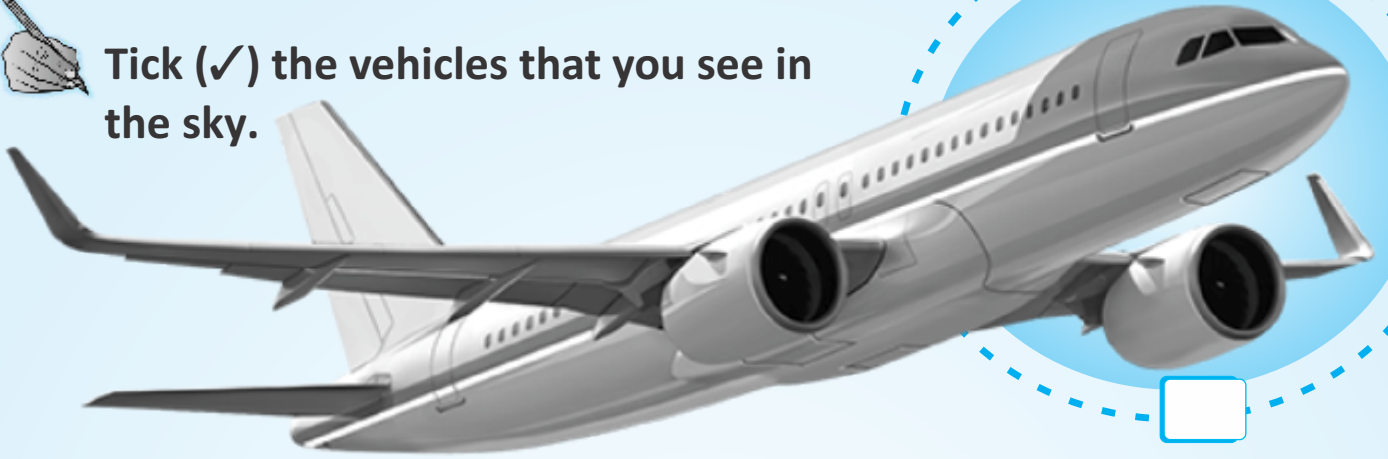


Tick (✓) the vehicles that you see on the road.

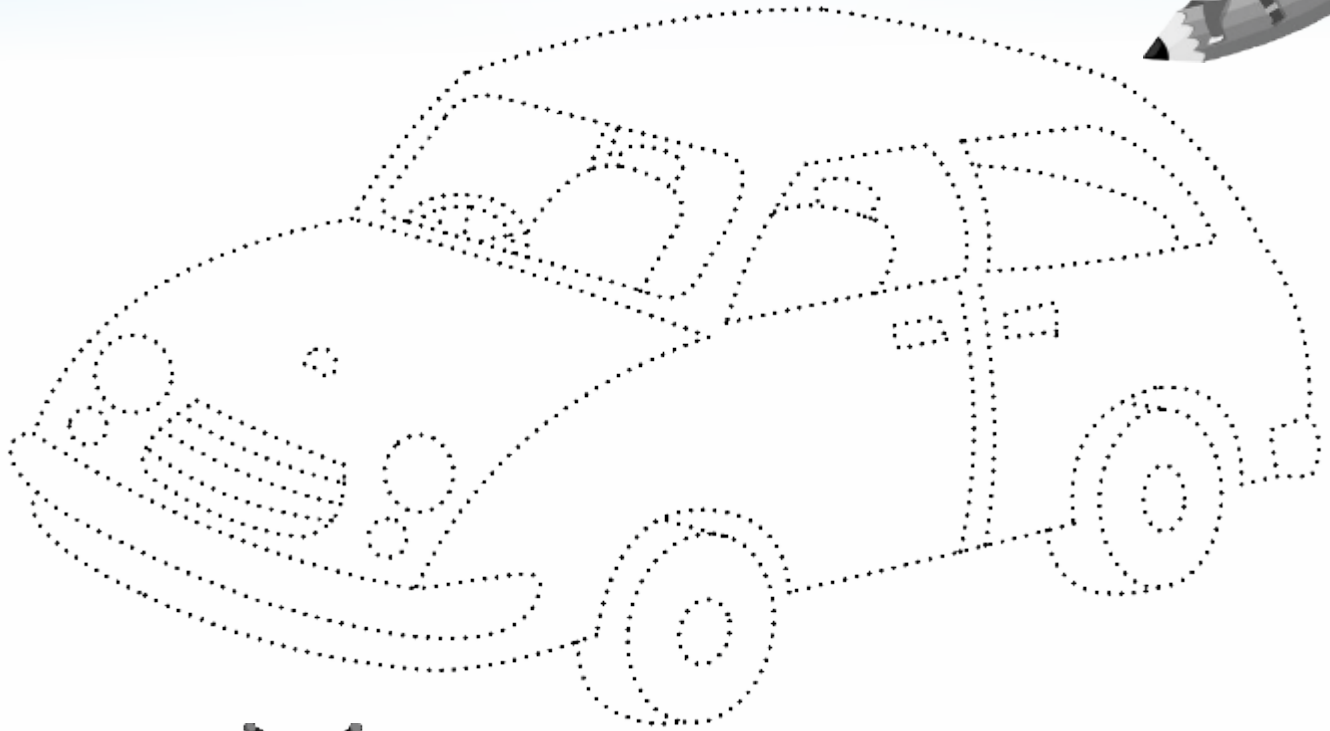




Tick (✓) the vehicles that you see in the sky.



Join the dots to complete the drawing. Also, colour it.

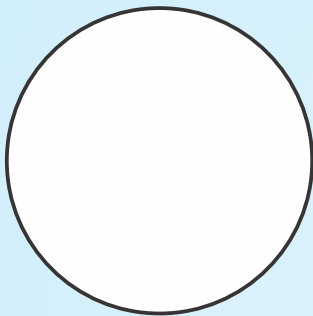




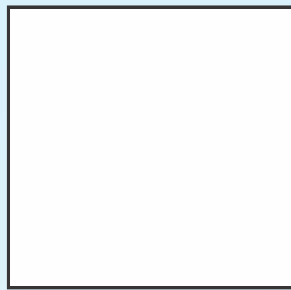
11. Colours



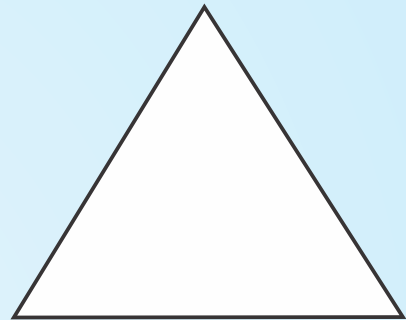
Fill colours in the shapes as indicated.



RED



YELLOW



BLUE



Colour the cake with colours of your choice.



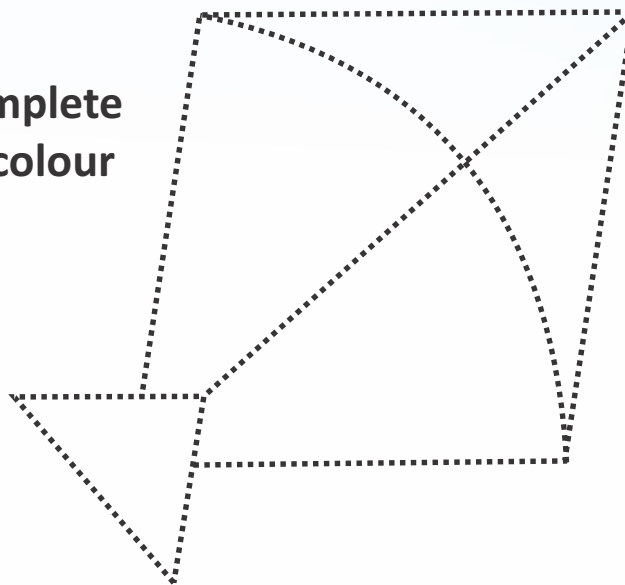
12. Water and Air



Tick (✓) the circle for the activity which needs water. Colour the circle of the activity which needs air.



Join the dots to complete the drawing. Also, colour it as you like.





13. Clothes



Circle the correct name of each type of clothes.



T-shirt
Frock



Shirt
Trousers



Skirt
T-shirt



Frock
Shirt



Which dress covers the upper body? Which one covers the lower body? Write U for Upper and L for Lower.



14. In the Park

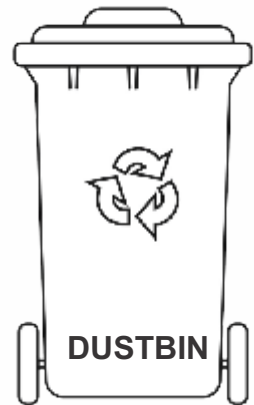
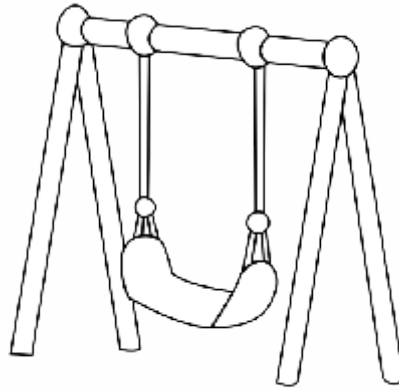
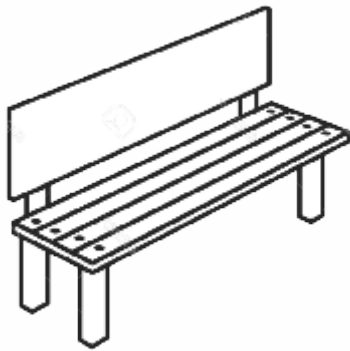


Tick (✓) Yes or No.

- Do you have a park near your home? Yes No
- Do you go to the park daily? Yes No
- Do you play there? Yes No



Colour the things you see in a park.





15. House



Match the houses with their names.



APARTMENT



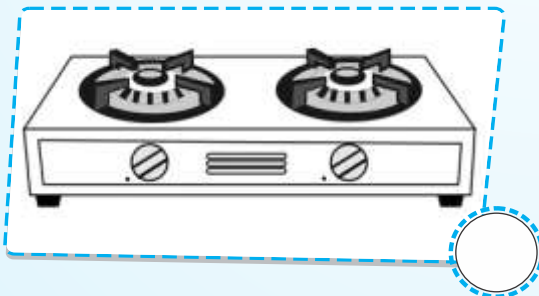
HUT



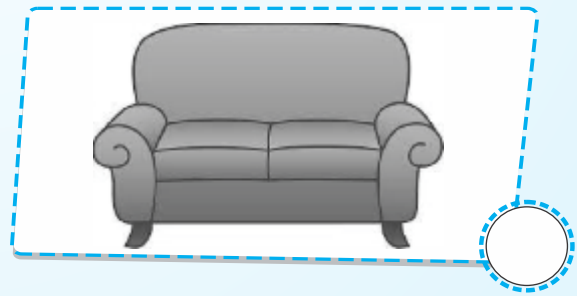
BUNGALOW



Tick (✓) the correct and cross out (X) the wrong statement.



You see it in the bedroom.



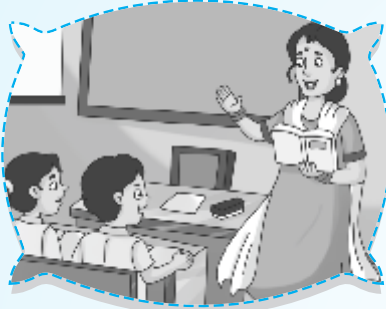
You see it in the living room.



16. Our Helpers



Write the names of these helpers using the Help Box.



.....



.....

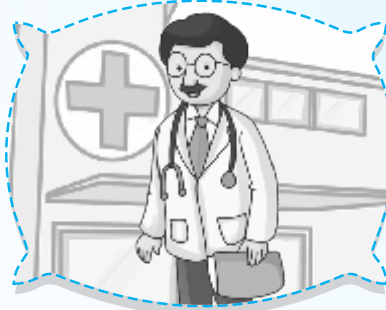
- Help Box**
- Teacher
 - Carpenter
 - Doctor
 - Fireman
 - Policeman



.....



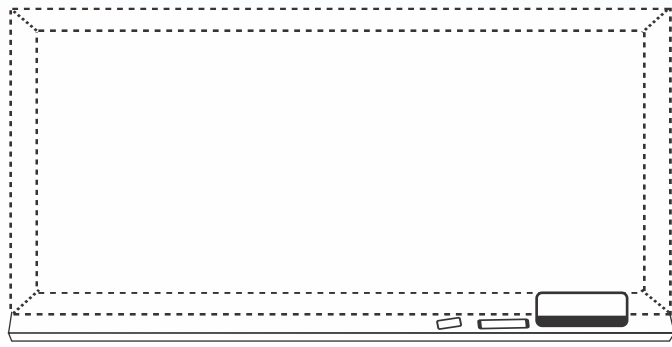
.....



.....



Colour the picture.



Now, fill in the blank with the correct word from the brackets.

- A makes wooden chairs. (carpenter/plumber)





17. Places Around Us



Cross out (X) the name that does not belong to the place.



BANK OR
POST OFFICE



HOSPITAL OR
SCHOOL



BANK OR
SCHOOL



PARK OR
HOSPITAL



BANK OR
POST OFFICE



HOSPITAL OR
POLICE STATION



Look at the pictures and colour the correct boxes.



BANK

HOSPITAL

POLICE STATION



BANK

SCHOOL

POST OFFICE

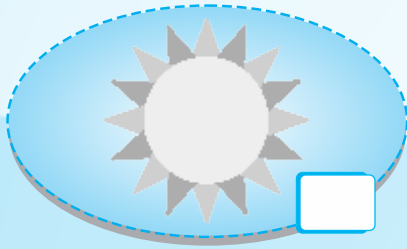


18. Day and Night

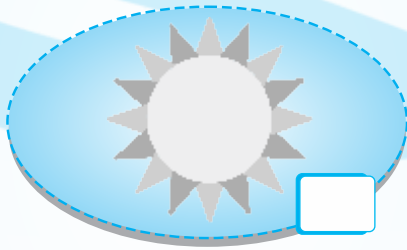


Tick (✓) the correct pictures.

- What do you see in the sky during the day?



- What do you see in the sky at night?



There are some differences between the two pictures below. Find and circle them in the second picture.

